

## Dental History

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

### General Information

Who was your previous Dentist and how long were you a patient there? \_\_\_\_\_

Date of your last dental examination \_\_\_\_\_

Date of your last dental cleaning \_\_\_\_\_

Do you have any immediate concerns you'd like us to address?  
\_\_\_\_\_

### Office Relationship

What do you value most in your dental visits? \_\_\_\_\_

Is there anything you prefer during your visits to make you more comfortable during your time with us?  
\_\_\_\_\_

On a scale from 1-5, 5 being most terrified, are you fearful of dental treatment? 1 2 3 4 5

### Personal History

#### Please answer the following questions

Are you concerned about the appearance of your teeth? \_\_\_\_\_

Are you interested in improving your smile? \_\_\_\_\_

Have you had any cavities within the past 2 years? \_\_\_\_\_

Are any of your teeth currently sensitive to biting, sweets, hot, or cold? \_\_\_\_\_

Do you avoid or have difficulty chewing or biting heavily on any hard foods? \_\_\_\_\_

Do you have any problems sleeping, waking up with a headache or with sore or sensitive teeth?  
\_\_\_\_\_

Do you clench your teeth in the daytime? \_\_\_\_\_

Do you wear, or have you ever worn a bite appliance? Either for clenching at night (a night guard) or for sleep apnea? \_\_\_\_\_

Do you bite your nails, chew gum or on pens, hold nails with your teeth, or any other oral habits? \_\_\_\_\_

Does the amount of saliva in your mouth seem too little or do you find yourself with a dry mouth often?  
\_\_\_\_\_

Have you ever noticed a consistently unpleasant taste or odor in your mouth?  
\_\_\_\_\_

### Dental Structural History

#### Please answer the following questions

Do your gums bleed when brushing or flossing? \_\_\_\_\_

Is brushing or flossing typically painful? \_\_\_\_\_

Have you ever experienced or been told you have gum recession? \_\_\_\_\_

Have you ever been treated for or been told you have gum disease? \_\_\_\_\_

Have you had any teeth removed for braces or otherwise? \_\_\_\_\_

Do you know of any missing teeth or teeth that have never developed? \_\_\_\_\_

Have you ever had braces, orthodontic treatment or spacers, or had a "bite adjustment"? \_\_\_\_\_

Are your teeth becoming more crowded, overlapped, or "crooked"? \_\_\_\_\_

Are your teeth developing spaces? \_\_\_\_\_

Do you frequently get food caught between your teeth? \_\_\_\_\_

Have you noticed your teeth becoming shorter, thinner, or flatter over the years? \_\_\_\_\_

Do you have problems with your jaw joint? (TMD, popping, clicking, deviating from side to side when opening or closing?) \_\_\_\_\_

Is it often difficult to open wide? \_\_\_\_\_

Do you have more than one bite? Or do you notice shifting your jaw around to make your teeth fit together? \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date of Signature: \_\_\_\_\_